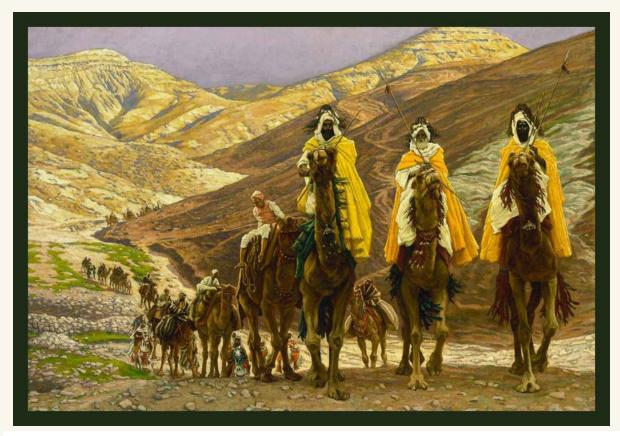
### Saint Leo Abbey Oblates Email List



~ Advent: On the way to Jesus Christ. Following the Star ~

#### **FAST FACTS**

- 1. Did you get your monk's name?
- 2. Gift for Abbot Isaac
- 3. Ice-breaker question

Dear Oblates, Oblate Novices, and Friends of Saint Leo Abbey,

1. Did you receive your

- 4. Repost of party details
- 5. Prayer Ministry
- 6. New email template
- 7. No class at party, no Oblate Sunday in Dec.
- 8. Broadcast numbering
- 9. Advent, Gueranger

The main picture is *Journey of the Magi*, by James Tissot, c. 1894

The picture is at the Minneapolis Institute of Arts.

### monk's name?

Monks' names and their wish lists were emailed to those who requested them.

If you asked for the name of a monk so you could buy a gift for that monk and did not receive an email with the name and wish list, please reply to this email and you will receive one. \$35 limit on gifts.

Buying a gift for a monk is optional.

## 2. Special Gift For Abbot Isaac

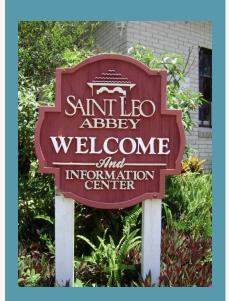
Abbot Isaac's name was in the electronic hat from which monks names were drawn for the individual oblates to buy a gift for a monk.

However, someone



Saint Scholastica

This wonderful sister of Saint Benedict knew the love of God and its power. Here is her story from Chapter 33 of the Life of Benedict.



suggested that oblates may want to buy an additional Thank You gift for our dear Abbot Isaac.

This Abbot's Gift would allow everyone to participate in a gift to Abbot Isaac. And this additional gift would be a special thank you for all Abbot Isaac does for the oblates.

The gift will be a gift card to Barnes and Noble. You know how he likes to read!! He would enjoy new books for the new year.

All those who want to

#### **OBLATES**

A brief definition of "Benedictine oblate" is here.

Are you making your own Christmas list of Benedictine books? The Novice and Oblate Resources Page on the blog has many books that would love to get on your "what I want for Christmas" list.

participate in this optional gift will have their names on the card.

You may give any amount towards this gift to Abbot Isaac.

If you want to participate, please reply to this email with your name and the any amount you want to contribute to this group gift to Abbot Isaac.

A Barnes and Noble gift card will be purchased based on the amount of pledges received. You may then give what you pledged to me at the Christmas Party or you may write and check and mail it to the oblate office:

Saint Leo Abbey Oblate Office PO BOX 2350 SAINT LEO, FL 33574-2350

Make checks payable to Saint

Leo Abbey.

# 3. Ice-breaker question

Why do you like Benedictine spirituality?

Please reply to this email with your answer -- please be include your name -- your answer will be added to a list that will be posted at the party.

It is a lot of fun and helps everyone get to know you.

# 4. Reposting of details about the Christmas Party

The Christmas party is December 14.

Please RSVP if you are coming to the Christmas Party and have not given your RSVP.

Thank you to everyone who RSVPed already.

Everyone, family members and guests are invited.

There is no Oblate Sunday in December because of the Christmas party.

### **Overview of Christmas Party**

There are no classes on the day of the Christmas party.

The December Christmas party begins about 1:00 pm in the 3rd floor Lake Room.

Some of the Lake Room set up will be done before 10:00 am

Mass and you may drop off your dessert in the Lake Room before Mass.

After Mass at 11:00 am we finish setting up the Lake Room for the party.

The Christmas party is one of the best ways to meet and get to know the Saint Leo Abbey monks and let them know how much we appreciate their Benedictine hospitality in opening up their home to us this past year.

We are fortunate that Saint Leo Abbey is here.

### Schedule for Christmas party

10:00 am Mass
12:00 pm Prayers with monks
12:20 pm Lunch with monks
1:00 pm Christmas party in the
Lake Room, 3d floor of the
abbey

### Gift For A Monk

If you want (it is optional) to give a Christmas gift to a monk:

1. Please reply to this email and state your name and that you would like a monk's name. If you have already submitted a request, you do not have to submit again.

You will receive another email directly to you giving the name of a randomly-selected monk and what item is on his Christmas list.

Monks are asked to list a possible gift, you may buy the listed gift, if possible, but the monk's wish list is just a suggestion.

If you cannot find a listed item, a Wal-mart gift card would be OK.

Monks do not have alcohol on their gift list so please do not give alcohol as a gift.

2. You should spend no more than \$35 on the gift, any

amount under \$35 is OK.

- 3. Please wrap or use a gift bag for your gift. Add a tag with the monk's name.
- 4. On the gift tag, please write your full name clearly. The monks always want to know the person who gave them a gift.
- 5. At the Christmas party you will give your gift to your monk. If you need a good ice-breaker, conversation starter with your monk, you might begin by asking him the ice-breaker question and also sharing your answer as well.

### **Dessert to Share**

If you attend the Christmas party, please bring a dessert to share.

If your dessert needs to be kept cold, when you arrive you may put your dessert in the refrigerator in the coffee room on the third floor near the Lake Room.

### **Party Supplies**

Volunteers are also needed with the following party supplies:

Paper plates
Disposable coffee cups
Cold-drink cups
Napkins
Plastic utensils
Small table decorations
Drinks

If you volunteer to bring one of those items, you may take any of your extra items with you at the end of the party. If you want to bring a party supply, please reply to this email with what you will bring.

### Lake-Room Set-Up/Clean-Up Volunteers

Volunteers are needed to setup tables and chairs before the party and cleanup and take down the decorations after the party. If you want to help, in your reply email, please include what you want to do -- thank you very much.

### **Ice-Breaker Question**

Why do you like Benedictine spirituality? If you reply to this email with your answer -- please be sure to include your name -- your answer will be added to a list that will be posted at the party. It is a lot of fun and helps everyone get to know you.

### **Cards for Monks**

Optional: If you like to send Christmas cards or bring cards to the Christmas party, here is the list of the monks:

### Saint Leo Abbey

+Father Abbot Isaac, O.S.B.
Prior Stanislaw, O.S.B.
Sub Prior Timothy, O.S.B.
Father Damian, O.S.B.
Father Robert, O.S.B.
Brother Bill, O.S.B.
Brother James, O.S.B.
Father David, O.S.B.

Brother Joshua, O.S.B.
Brother Simon, O.S.B.
Father Joseph, O.S.B.
Brother Jacob, O.S.B.
Brother Stephen
Brother Clement, O.S.B.
Brother Benedict
Brother Sebastian
Brother Akiba
Brother Benjamin
Brother Apollo

By U.S. Mail:

[Name of Monk]
Saint Leo Abbey
PO BOX 2350
SAINT LEO FL 33574-2350

## 5. Prayer Ministry Newsletter

Please email your prayer requests to: StLeoOblates@gmail.com

To receive the Prayer Ministry

Newsletter giving all the prayer requests you need to "opt-in" -- please reply to this email with the following information:

"Please add me to the Prayer Ministry Newsletter email list.

"My name is: \_\_\_\_\_"

# 6. A new broadcast email template is being used.

This email is the second broadcast email sent using a new template and the new email service. If you have any problems, please reply. Thank you very much.

### 7. No Oblate Sunday. Come to the annual Christmas Party

No classes on Dec. 14

The December 14, 2014 Christmas party means there is no Oblate Sunday on the first Sunday of December.

<u>Please RSVP</u> if you are coming to the party. Everyone is invited.

Optional: Want to buy a present for one of our dear monks? Reply to this email. Give your name and ask for the name of a monk.

# 8. Broadcast Email Numbering

The subject line of broadcast emails are in the form: "[St. Leo Abbey Oblates] #01
Broadcast" and then "[St. Leo Abbey Oblates] #02 Broadcast" - broadcast emails will be numbered. You may sort your emails by subject and all the Oblate-program broadcast emails will be in numbered order allowing you to see if you missed any.

### 9. Advent

The following is a quote from the Liturgical Year by Dom Gueranger. It is from <u>The</u> <u>Liturgical Year.com</u>

"We must look upon Advent in two different lights: first, as a time of preparation, properly so called, for the birth of our Saviour, by works of penance: and secondly, as a series of ecclesiastical Offices drawn up for the same purpose.

"We find, as far back as the fifth century, the custom of giving exhortations to the people in order to prepare them for the feast of Christmas.

"We have two sermons of Saint Maximus of Turin on this subject, not to speak of several others which were formerly attributed to St. Ambrose and St. Augustine, but which

were probably written by St. Cesarius of Aries.

"If these documents do not tell us what was the duration and what the exercises of this holy season, they at least show us how ancient was the practice of distinguishing the time of Advent by special sermons.

"Saint Ivo of Chartres, St. Bernard, and several other doctors of the eleventh and twelfth centuries, have left us set sermons de Aventu Domini, quite distinct from their Sunday homilies on the Gospels of that season. In the capitularia of Charles the Bald, in 846, the bishops admonish that prince not to call them away from their Churches during Lent or Advent, under pretext of affairs of the State or the necessities of war, seeing that they have special duties to fulfil, and particularly that of

preaching during those sacred times.

"The oldest document in which we find the length and exercises of Advent mentioned with anything like clearness, is a passage in the second book of the History of the Franks by St. Gregory of Tours, where he says that St. Perpetuus, one of his predecessors, who held that see about the year 480, had decreed a fast three times a week, from the feast of St. Martin until Christmas.

"It would be impossible to decide whether St. Perpetuus, by his regulations, established a new custom, or merely enforced an already existing law. Let us, however, note this interval of forty, or rather of forty-three days, so expressly mentioned, and consecrated to penance, as though it were a second Lent, though less strict and

severe than that which precedes Easter."

### **ABBEY CONTACTS**

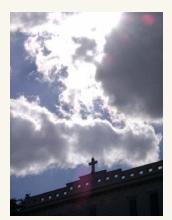
Abbot Isaac, O.S.B., Oblate Director IsaacOSB@yahoo.com

Prior Stanislaw, O.S.B., Novice Director stanislawsullivan@hotmail.com

Abbey Reception Office (352) 588 8624

Gift Shop, Brother James, O.S.B. (352) 588 2606 br.james@saintleo.edu

Guest Master, Brother Jacob, O.S.B. (352) 588 8184 jacobwell9728@hotmail.com



A checklist summary for the oblate path



How to pray with monks



Let's join the chorus of angels, now